

# Poonam Dubal, Ph.D., LSSP, NCSP

## Licensed Psychologist

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### Professional Credentials

Licensed Psychologist, Texas (TX LP: 37360)	11/2016
Nationally Certified School Psychologist, National Association of School Psychologists	04/2016
Licensed Specialist in School Psychology, Texas (TX LSSP: 70804)	08/2015

### Education

<b>Loyola University Chicago, Graduate School of Education, Chicago, IL</b>	2010- 2015
Doctor of Philosophy, School Psychology (APA Accredited, NASP Approved Program)	08/2015

### Work Experience

Carewright Clinical Services PLLC	08/2016- Present
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#### *Licensed Psychologist*

- Conduct comprehensive evaluations across the lifespan including psychoeducational, neuropsychological, autism, academic, attention-deficit/hyperactivity disorder, child custody, and medical clearance
- Provide therapy to a caseload of clients focusing on a range of referral concerns (e.g., trauma, depression, adjustment, chronic pain) and utilizing an eclectic approach (e.g., CBT, mindfulness, EMDR, and person-centered)
- Train and supervise multiple clinicians with varying licensures, as well as co-lead didactic training for the clinical team

Dallas ISD, Mental Health Services, School-Based

<i>Manager of School-Based Services, Intern and Post-Doc Supervisor, Training Director</i>	03/2021- 06/2022
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#### Clinician Support:

- Provided crisis support and consultation for 13 school-based clinicians, each supporting 1-4 DISD schools
- Supported clinicians through weekly team meetings and consultations
- Advocated for clinicians' needs to department leaders and through close collaboration with other managers to prevent clinician burnout
- Supervised three doctoral psychology interns and post-doctoral candidates

#### Departmental Support:

- Provided ongoing feedback to the department director and executive director regarding best practices for school-based services and crisis response
- Served in various departmental leadership roles, including serving as LGBTQ Ally Group leader, facilitator of healing circles to reduce clinician burnout and address vicarious traumatization, and member of the Continuous Quality Improvement (CQI) Committee
- Collaborated with clinic-based managers, department leaders, other district heads, and community partnerships to ensure a continuum of high-quality services for students and training opportunities for clinicians

Dallas ISD, Mental Health Services, School-Based

08/2018- 03/2021

<i>Licensed Psychologist, Intern and Post-Doc Supervisor, Training Director, and Crisis Team Lead</i>
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- Service Provision: Coordinate and provide mental health care for four campuses, including individual and group counseling, behavioral consultation, referrals to intra-district and community resources, conducting Functional Behavioral Assessments (FBAs), and provision of recommendations at 504 meetings
- Intern Training: Supervised three interns over two years as part of the doctoral internship program, co-lead the supervision seminar and group supervision
- School Training: Provide training on mindfulness, trauma-informed educational practices, suicide risk assessment, and risk of violence assessment

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Momentous Institute, Dallas, TX (formerly Salesmanship Club of Dallas)

06/2016- 06/2018

*Mental Health Trainer and Licensed Psychologist*

- Wrote social-emotional health (SEH) curriculum for early elementary, as well as created/published two years' worth of SEH curriculum for middle school teachers and students
- Trained and consulted with teachers and administrators at partner schools on topics related to SEH, mindfulness, and utilizing a trauma-informed lens within the school/classroom context
- Conducted individual, family, and play therapy with clients in a community mental health setting utilizing a post-modern therapeutic stance and family systems approach
- Administered psycho-educational evaluations utilizing DSM V diagnostic criteria

### **Professional Activities, Special Training, and Honors**

- Adjunct Clinical Professor/Supervisor, Southern Methodist University Clinical Psychology Assessment Clinic (06/2022- Present)
- Board member of Suicide and Crisis Center of North Texas, 2018- Present
- Certified Mindfulness Instructor Mindful Schools, 2015- Present
- National Compadres Network Circle Facilitator's Training, 2017
- Mayor's Star Council Alum, 2016-2017 cohort
- Restorative Circles Training, International Institute of Restorative Practices, 2016
- TA to Dr. Shannon Viola of the University of Houston Victoria (Spring 2015), Assessment Course

### **Skills and Languages**

- Fluent in Gujarati, Conversational in Hindi, Intermediate Spanish Proficiency (in progress)

### **References:**

1. Anmarie Perez, Psy.D., LP  
Quality Assurance Manager, Mental Health Services, Dallas ISD  
SMU Practicum Supervisor  
[perez\\_anmarie@yahoo.com](mailto:perez_anmarie@yahoo.com)  
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2. Jennifer Davis, LCSW  
Director of Mental Health Services, Dallas ISD  
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903-422-0404
3. Tina Robertson, LCSW-S  
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